



SRI VAMSHIDHAR HIGH SCHOOL

Academic year (2020 – 2021)

Worksheet

Class: **X - ENGLISH**

Day – 24

Date: 28.04.2020

Paragraph Writing

Paragraphs can be described as a collection of sentences. The sentences combine to express idea, main point and so on. A **number of paragraphs** are then **combined** to write **report, an essay, or even a book**. The **purpose of paragraph** is **to express** a speaker's thoughts **on a particular idea or opinion** in a clear way that is unique and specific to that paragraph.

Paragraphs should not be mixing thoughts or ideas. When a new idea is introduced, generally, a writer will introduce a new paragraph.

The elements of a paragraph are :

1. **beginning** : introduce your idea
2. **middle** : explain your idea
3. **end**: make your point again, the transition to next, paragraph.

Write a paragraph on any 2 of the following given topics:

1. The Education of Girl Child
2. Child labour
3. The role of Social Media
4. Importance of Yoga in modern Age
5. The use of Mobile Phones



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Class: **X – HINDI**

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सर्वनाम पदबंध- वह पदबंध जो वाक्य में सर्वनाम का कार्य करे, सर्वनाम पदबंध कहलाता है।

उदाहरण के लिए निम्नलिखित वाक्य देखिए-

१. बिजली-सी फुरती दिखाकर आपने बालक को डूबने से बचा लिया।

[आपने - सर्वनाम है ; बिजली-सी फुरती दिखाकर आपने - सर्वनाम पदबंध है ।]

२. शरारत करने वाले छात्रों में से कुछ पकड़े गए।

[कुछ - अनिश्चयवाचक सर्वनाम है ; शरारत करने वाले छात्रों में से कुछ - सर्वनाम पदबंध है ।]

३. विरोध करने वाले लोगों में से कोई नहीं बोला।

[कोई- अनिश्चयवाचक सर्वनाम है ; विरोध करने वाले लोगों में से कोई - सर्वनाम पदबंध है ।]

उपर्युक्त वाक्यों में काला छपे शब्द सर्वनाम पदबंध हैं क्योंकि वे क्रमशः 'आपने' 'कुछ' और 'कोई' इन सर्वनाम शब्दों से सम्बद्ध हैं।

निम्नलिखित वाक्यों में सर्वनाम पदबंध पहचानिए -

१. दीन-दुखियों पर दया दिखाने वाले आप सर्वत्र प्रतिष्ठित हैं ।

२. शेर की तरह दहाड़ने वाले आप काँप क्यों रहे हो ?

३. इस छात्रावास में रहने वाले छात्रों में से कुछ क्रिकेट के बहुत शौकीन हैं ।

४. बड़ी-बड़ी बातें करने वाला वह आज चुप बैठा है ।

५. किसी की परवाह न करने वाला मैं तुझसे क्या डरने लगा ।

६. जो बच्चा कल आया था , वह दसवीं कक्षा में पढता है ।

७. हमारी लड़ाई में बीच में बोलने वाले आप कौन हैं ?

८. आप मित्रों में से कोई समय पर नहीं पहुँचा ।

९. किस्मत का मारा वह कहाँ फँस गया ।

१०. अमेरिका से आए लोगों में से कुछ संस्कृत जानते हैं ।



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Class: **X - TELUGU**

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1. అతిశయోక్తి అలంకారము:-

- నిర్వచనం:- 1. ఒక విషయాన్ని ఉన్నది ఉన్నట్లుగా కాకుండా ఎక్కువ చేసి చెప్పడం.
2. గోరంత విషయాన్ని కొండంత చేసి చెప్పడం.

ఉదా:-

1. హైదరాబాదు అందలి మేడలు ఆకాశాన్ని తాకుతున్నవి.
2. అతడు తాటిచెట్టు అంత పొడవున్నాడు.
3. మా పొలంలో బంగారం పండింది.

2. ఉత్పేక్షాలంకారం:-

నిర్వచనం:- ఉపమేయమును ఉపమానముగా ఊహించినట్లు అయితే “ఉత్పేక్షాలంకారం” అంటారు.

ఉదా:

1. సీత ముఖము చంద్రబింబమా అన్నట్లు అందంగా ఉన్నది.
2. భోజనం అమృత మా అన్నట్లు ఉన్నది.
3. ఆ ఏనుగునల్లని కొండయా అన్నట్లు ఉన్నది.
4. ఆమె జడ నల్లని త్రాచుపామా అన్నట్లు ఉన్నది.



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Class: **X - MATHEMATICS**

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Note: Learn and write (ONE time) all the given trigonometric ratios values in a notebook.

angle θ ratio	0°	30°	45°	60°	90°
$\sin \theta$	0	$\frac{1}{2}$	$\frac{1}{\sqrt{2}}$	$\frac{\sqrt{3}}{2}$	1
$\cos \theta$	1	$\frac{\sqrt{3}}{2}$	$\frac{1}{\sqrt{2}}$	$\frac{1}{2}$	0
$\tan \theta$	0	$\frac{1}{\sqrt{3}}$	1	$\sqrt{3}$	not defined
$\operatorname{cosec} \theta$	not defined	2	$\sqrt{2}$	$\frac{2}{\sqrt{3}}$	1
$\sec \theta$	1	$\frac{2}{\sqrt{3}}$	$\sqrt{2}$	2	not defined
$\cot \theta$	not defined	$\sqrt{3}$	1	$\frac{1}{\sqrt{3}}$	0

Answer the following questions.

1. $\sin 30^\circ + \cos 30^\circ = ?$
2. $\sin 60^\circ + \operatorname{cosec} 30^\circ = ?$
3. $\sec 45^\circ + \cos 90^\circ = ?$
4. $\tan 0^\circ + \cot 30^\circ = ?$
5. $\sin 90^\circ + \cos 0^\circ = ?$
6. $\tan 30^\circ + \cos 30^\circ = ?$

Class: **X - SCIENCE**

Day - 24

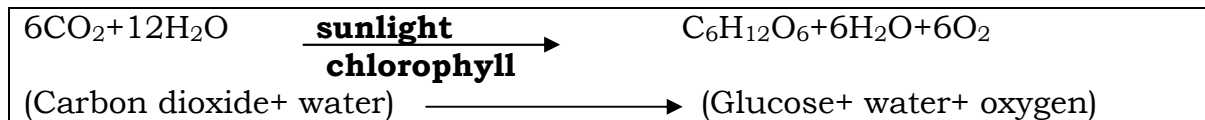
Date: 28.04.2020

LIFE PROCESSES

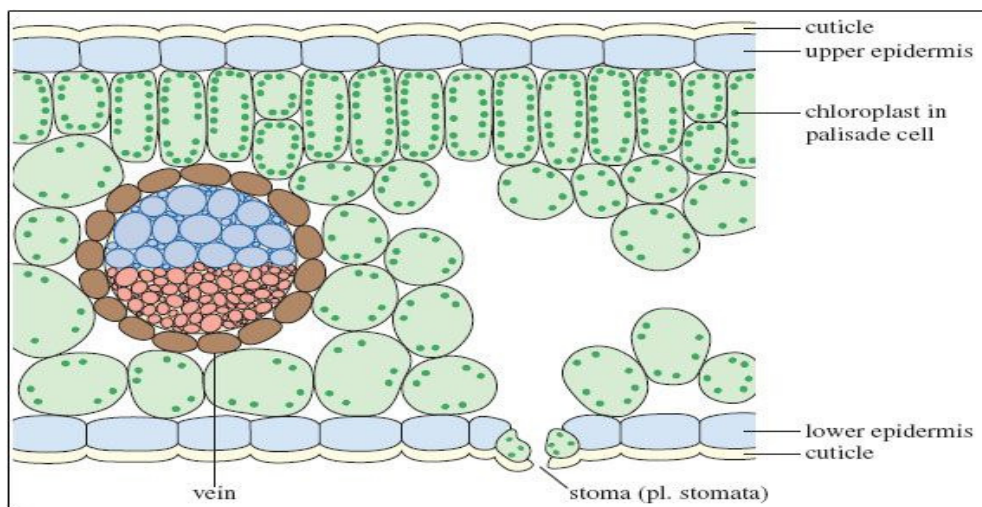
1. Learn & Write About photosynthesis two times.

Photosynthesis: The process by which green plants make their own food from carbon dioxide and water by using sunlight energy in the presence of chlorophyll is called photosynthesis.

Chemical reaction of photosynthesis:



2. Draw the internal structure of leaf two times and label it.

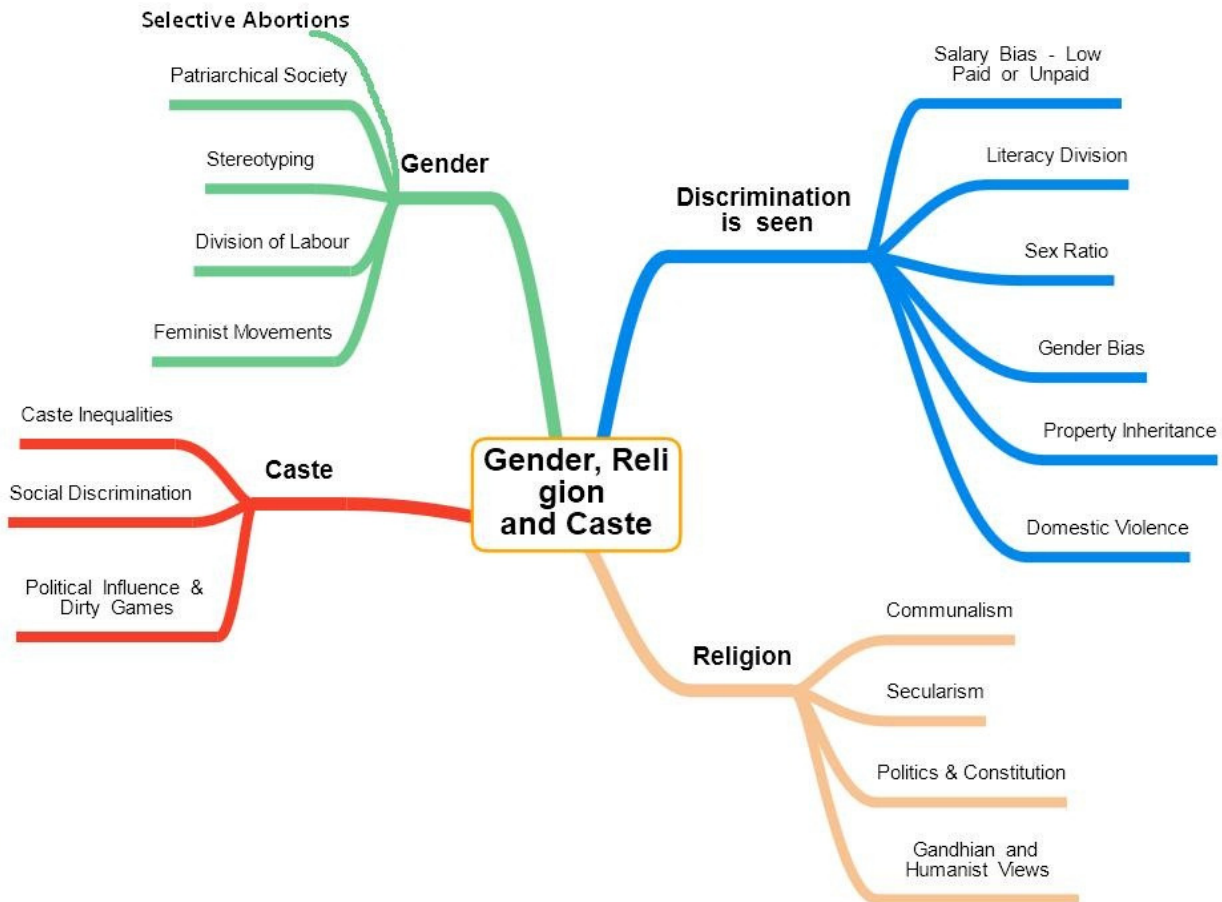


Class: **X – SOCIAL SCIENCE**

Day – 24

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Civics: 4. Gender, Religion and caste: Read this mind map answer the following questions



1. Write about a. Gender

b. Religion

c. Caste

d. Where basically discrimination is seen mostly?

2. Draw a poster on stop discrimination on gender or religion or caste system [Any one of the topic or all together you can make a poster]



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Class: **X – IT**

Day – 24

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PART-A (EMPLOYABILITY SKILLS)

UNIT-II SELF-MANAGEMENT SKILLS

Session-1 Stress Management and its Techniques

I. Multiple choice questions:-

- 1) The factors that may bring about negative changes in a person suffering from stress are_____
a) Threat b) Peer pressure c) Financial loss d) All of these
- 2) Stress management covers all the tools that alleviate_____stress, which could otherwise prove to be lethal disease.
a) Temporary b) Low c) Chronic d) None of these
- 3) Stress is an_____response of the nervous system to any threat, challenge or problem.
a) Automatic b) Deliberate c) Delayed d) Fast
- 4) Exercise helps in_____
a) Building Immunity b) Both a and b
c) Proper functioning of organ systems d) None of these
- 5) Meditation brings a sense of_____
a) Self-awareness b) Depression c) Anxiety d) Stress

II. Fill in the blanks with the help of given clues:-

meditation, cortisol, control, stress management, stressors

- 1) Stress causing agents are known as_____which can be self-induced or external.
- 2) Stress management infuses a sense of_____and accomplishment.
- 3) Yoga reduces the level of_____which is the stress hormone.
- 4) _____is the natural and inexpensive way that provides immunity to stress.
- 5) _____refers to focusing human efforts for maintaining a healthy body and mind capable of better withstanding stressful situations. **CBSE 2019**

III. Answer the following in short:-

Learn and write one time in rough notebook

- Q1) How many origins can have stress causal?

CBSE 2019



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Ans. There are four origins of stress casual Mental, Physical, Social, Financial.